

Triple P: Drop-in Parenting Support Group *Virtual*



A brief group intervention aims to assist parents in devising parenting strategies to tackle behavioral issues like tantrums, sibling conflicts, and shopping, along with addressing skill development concerns such as eating on their own, toilet training, and bedtime routines.

Furthermore, parents will be provided with Triple P tip Sheets as a valuable tool and reference for the subjects covered during the drop-in sessions.

Every Wednesday in July and Aug from 5:00–7:00pm via zoom

Registration is ongoing for weekly sessions with new topics covered each week.

Contact Ashten for registration and more information.

(519) 717-9143

ashtenivany@sixnations.ca



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