

Triple P: Family Transitions Virtual



Family Transitions Triple P is designed for parents who are experiencing personal distress from separation or divorce, which is impacting on or complicating their parenting.

During eight sessions, Family Transitions Triple P assists parents who need extra support to adjust and manage the transition of separation or divorce. It focuses on skills to resolve conflicts with former partners and how to cope positively with stress. Access to the Internet and a device capable of using Zoom is necessary. Parents will receive a workbook for the sessions at no charge.

Wednesday's from September 26th to November 13th, 2024
1:00–3:00pm via zoom



Proudly supporting our Six Nations Community and band members

Contact Ashten for registration and more information.

(519) 757-9143 ashtenivany@sixnations.ca

*Presented by Six Nations Social Services,
Child & Family Services,
Family Support Unit*



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