



Building Stronger Families

LET YOUR VOICE BE HEARD

We are excited to offer a biweekly group session focused on discussing strategies for building positive family dynamics. Open to individuals 18 and older, including parents and caregivers in the child welfare system, the program features light refreshments, cultural activities, self-care practices, crafts, and more.

**Drop in, bi-weekly with
dinner provided**



4:30-7:30pm



July 24
Aug. 7 & 21
Sept. 4 & 18
Oct. 2 & 16



**18 Stoneridge Circle,
(green door, second
floor). Ohsweken, ON**

**Remainder dates
location TBD****



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