Presented by: Six Nations Social Services'
Child & Family Services, Clinical Services Unit:

SNAP®

(Stop Now And Plan)

The SNAP Program is a 12-session program for children ages 6-11 to learn skills for emotional regulation and impulse control.

Children participate with peers in group sessions organized into age-appropriate, gender-specific groups.

Caregivers learn how to support their children to use new skills in simultaneous caregiver groups and will receive support from SNAP staff.

Let's Grow TOGETHER!

Children Learn:

- Reflection of feelings
- Positive decision making
- Problem managing
- Navigation of self emotions

SNAP is offered at no cost to Six Nations Band members with meals provided.

Contact us for registration or more information:
(519) 445-0408 • snapinfo@sixnations.ca

Connect & follow us online:
#SixNationsMatters

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SIX NATIONS OF THE GRAND RIVER

September Start